Common excuses used by bullies:

“I was only joking.”
- “I didn’t mean anything by it.”
- “It was just a bit of fun.”
- “It’s ok. They know I don’t mean it.”
- “They started it.”

DON’T TAKE IT: Remind yourself that you have the right to feel safe.

DON’T DO IT: You have the responsibility to make others feel safe and happy.

Staff at this school may also:
- Talk with the student involved and help them to solve the problem.
- Teach students about dealing with conflict and anger.
- Teach students about care and respect for themselves and others.

Other consequences could occur for ongoing inappropriate behaviour.

Bullying and harassment are issues which are treated very seriously. We will deal with unacceptable behaviour and will work to find a solution to stop the bullying.

Who to contact
Your child’s teacher
The Principal or Deputy Principal
School Telephone: 8261 2677 or 8261 5006

Valuable Resources
www.bullyingnoway.com.au
Decd Parent Help Line: 1800 222 696
Kids Help Line: 1800 551 800
Child and Youth Health Parent Help Line: 1300 364 100

Anti-Bullying Policy
At Dernancourt, all members of the school community are entitled to a safe, secure and caring environment. It is EVERYONE’S responsibility to ensure this happens.

Rights:
- To feel safe
- To learn
- To be respected

Responsibility:
- To keep others safe
- To ensure others can learn
- To respect ourselves and others

Our School Values are:
Respect, Cooperation, Confidence and Commitment
Bullying:
- A repeated, unjustifiable behaviour that may be physical, verbal and/or psychological.
- Can be intended to cause fear, distress or harm to others.
- Can be conducted by an individual or group.

Our mutual commitment when someone raises a concern, is that all concerns will be acknowledged and that all parties will:
When a person is exposed repeatedly over time to harassment on the part of one or more persons. Bullying can be described as unprovoked aggressive and repeated behaviour inflicted by a person or a group, on someone else which causes pain or distress. Standing by and watching or encouraging bullying by others is also unacceptable.

This school does not accept that it is ok to stand by and watch a fight or intimidation of others.

Some examples of bullying are:
- Teasing, name calling
- Making threats, yelling at someone
- Excluding other people on purpose / unfairly
- Using abusive language
- Physically hurting somebody
- Often being left out of games or conversations

If your child is being bullied they can:
- Tell them to stop
- Ignore them
- Walk away
- Tell someone who will help you
- Seek help from an S.R.C. representative
- Speak to an adult, staff member or parent
- Use "Don't Obey a Bully (D.O.B.)".

If they see someone getting bullied they can:
- Tell the bully to stop
- Be a friend to the person being bullied
- Seek help

Parents, if your child is being bullied you can:
- Assist your child in discussing the problem with a teacher
- Discourage any planned retaliation, either physical or verbal, by encouraging positive strategies.
- Listen calmly to your child.
- Let your child know that telling you about the bullying or harassment was the right thing to do.
- Talk to your child about what could be done.

Grievance Procedures:
We all use grievance procedures to stop bullying. Every student and every situation is different and therefore we treat every situation according to the issue and its severity.

If someone is Bullying you by:
Teasing you
OR
Calling you names
OR
Harassing you
AND YOU ARE FEELING OK, TRY IGNORING IT

IF YOU ARE NOT FEELING OK, THEN YOU NEED TO:
1. Tell the person to STOP what they are doing. State the problem clearly. “I have a problem with ________ it makes me feel ________, I want you to ________.” Tell them clearly, saying exactly what behaviour you don’t like.
2. You may want to ask a friend to help you. If the behaviour stops you do not need to notify a teacher.
3. If the harassment continues you need to tell a staff member (teacher, SSO, parent). Ask for some help. Tell them what you have already said to the person harassing you.

REMEMBER
4. If the problem is not solved speak to the Principal or Assistant Principal.